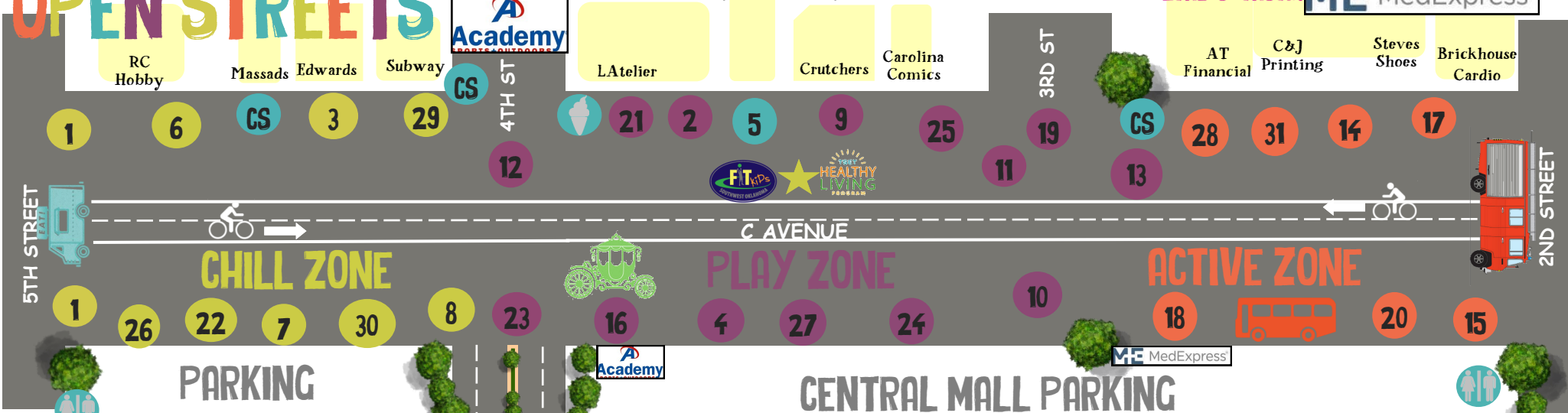


OPEN STREETS

SPONSORED BY:

FRI. OCT. 2ND, 4PM - 8 PM, C AVENUE BETWEEN 2ND & 5TH

ZONE SPONSOR:  MedExpress



- 1 Lawton Farmers Market** Eat healthy with Locally grown produce and craft vendors
- 2 Relay Games** Field day games in city streets brought to you by Laugh Out Loud
- 3 Kids Crafts** Come by and test your artistic skills. Brought to you by St. Francis Community Services.
- 4 Test Your Skills** Get active with Cameron University s Exercise Science students
- 5 FREE WATER provided by Open Streets Committee**
- 6 RC Riders** Practice your RC skills on this huge dirt track. Provided by RC Hobby
- 7 Get Cooking** Learn some kids friendly snack ideas with Kookin Kidz
- 8 AMTRYKES** Everyone can take a ride on these tykes that can be made just for their particular disability
- 9 Musical Chairs** Great game for any age. Thanks to Beal Heights PCA
- 10 Pin the Tail** This classic game made possible by Comanche County Democratic Party
- 11 4 -Square** Thanks Great Plains Improvement Foundation
- 12 Lazer Tag** Play a game of Outdoor Lazer Tag, brought to you by Zippety's Mobile Lazer Tag
- 13 Hopscotch** A classic and fun game for all ages. Brought to you by Essential Oil
- 14 FREE Glow Run** Sign up for the 7pm Glow Run Sponsored by RunLawton
- 15 Jiu-Jitsu MMA** Demonstrations & Lessons. Brought to you by Freestyle Fitness
- 16 Tailgating Party** Try you hand at these classic tailgating games Brought to you by event sponsor, Academy Sports + Outdoors
- 17 Get Moving** Zumba, Piloxing & more. Made possible by former BrickHouse Cardio Club Instructors
- 18 Stay Active** Check out what we have to offer! Brought to you by Zones Sponsor MedExpress
- 19 Super Dome Bounce-a-thon** How long can you last?? Made possible by We Are Special Events, \$1.
- 20 Smoothie Bike** Ride a bike and blend your own smoothie. Brought to you by OSU Extension
- 21 Bounce House** Bounce around in this bounce house provided by City National Bank
- 22 Cornhole** Play this classic tailgating game with the staff from GPCRR
- 23 Skating** Bring your skates and hang out with the 580 Roller Girls
- 24 Imagination Playground** Build something fun with these one of a kind blocks. By Fit Kids of SWOK
- 25 Chalk Drawings** Use your creative skills to make a masterpiece, thanks to Carolina Comics
- 26 Yoga** Free! All Ages! Brought to you by Yoga Kula
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- 27 Latter Ball** See if you can beat Union Baptist Church
- 28 Basketball Skills** Practice your Basketball skills with a game of PIG with the Church at Fort Sill.
- 29 Photo Booth and Games** Take a family photo and play the classic games! Brought to you by Fort Sill CYSS , FAP, and ACS Departments
- 30 Book Swap** Kids bring an old book and swap it for a new one. Made possible by Success by Six
- 31 YMCA Fun** Great activities with the Lawton Family YMCA offers along with Fitness Demos **LOOK FOR THESE THROUGHOUT THE EVENT**
- ★ Information Booth** Open Streets Staff will provide info on activities available and demo/class schedules
- 🚲 Active Lane** A designated biking, skating, rollerblading lane spans the length of the Avenue
- 🍽️ Food** Hungry? Check out the great food options from Crazy Birds, John and Cooks BBQ, MexiAsian, and Cherry Berry
- CS Chill Spots** hang out and take a chill at these spots along the street
- 5K Glow Run** Starting at 7pm from 2nd & C, Run Lawton check out their booth!
- 🚲 Carriage Rides** Come check out the vintage peddle carriage and unique items from Past Perfect 2
- 👤 Characters** Keep a look out for your favorite characters and Mascots!
- 🚲 Lawton Police Bike Patrol** Take a ride with LPD
- 🎵 Music** Provided by Magic 95.3
- 🚻 Restrooms** located at 5th, 2nd, Subway, and Mall

OPEN STREETS

FITNESS DEMO

ACTIVE ZONE ●
CHILL ZONE ●

FORMER BRICK HOUSE CARDIO CLUB ●

Every Hour come and enjoy a calorie burning session!

Piloxing, Zumba, Soul Line Dancing

YOGA KULA: ●

Every Hour Yoga Demos for 45 minutes each.

4:00-4:30: Yin Flow

4:45-5:15: Yoga for Every Body (Hatha)

5:30-6:00: Mommy and Me (parents and kids can participate together)

6:15-6:45: Power Yoga

7:00-7:30: Restorative Yoga

FREESTYLE FITNESS ●

Enjoy demos of these high impact fitness classes!!

- KICKBOXING BOOTCAMP , SELF DEFENSE , MMA DEMOS

LAWTON FAMILY YMCA ●

5pm: LES MILLS BODY PUMP

6pm: ZUMBA

7pm : PiYo

RUNLAWTON RUNNING GROUP ●

7pm: 5K GLOW RUN

- Sign up at table in Active Zone
- Starts at 2nd and "C"